

How to Clean and Care for Your Jewelry

Here's what we uncovered about how people care for their jewelry.

60%

do not remove their engagement rings before **washing their hands**.

50%

do not remove their engagement rings before **sleeping** or **showering**.

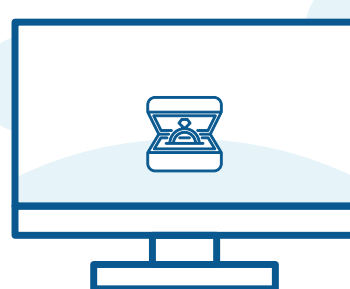
1%

felt they already knew how to **properly care** for their jewelry.

Most people look to **these two places** as their main sources on how to take care of jewelry:



JEWELER



INTERNET

Know When to Remove Jewelry

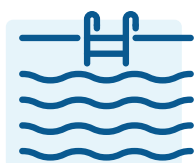
ACTIVITIES

Working out, household cleaning or gardening can damage your jewelry and scratch metals.



SUNSCREEN & BUG SPRAY

Lotion can get into the crevices of chains and prongs, and both lotions and sprays create a film on your jewelry, making it dull and dingy.



SWIMMING & HOT TUBS

Chlorine and salt water can damage and discolor metals (like gold and platinum) and can slowly erode the finish and polish of gemstones.

COLD WATER

Cool temperatures cause your fingers to shrink, creating room for your ring to slip off.

Know How to Properly Clean Your Engagement Ring at Home

1

The Solution

Add a few drops of **mild dish soap** to **warm water**.

2

Cleaning

Let the piece sit in the solution for five minutes, then gently brush with a **new, very soft toothbrush**.

3

Rinsing

Place the item in a **new** container of **lukewarm** water.

4

Drying

Dry with a paper towel or regular cloth, as long as you're careful not to snag the prongs on the fibers.

Know How to Spot a Loose Stone

PRO TIP:

Visit your jeweler for a professional cleaning and inspection **2x** per year.



GET TO YOUR JEWELER ASAP IF YOU NOTICE:

- Missing or bent prong
- Too short of prong
- Shifted stone

WANT TO KNOW MORE?

Visit [JewelersMutual.com/careguide](https://www.jewelersmutual.com/careguide) for additional ways to care for your jewelry.